

The Hidden Epidemic Restoring Oral Health One Smile At A Time

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The Hidden Epidemic: Restoring Oral Health, One Smile at a ...
The Hidden Epidemic: Restoring Oral Health, One Smile at a Time eBook: Maddahi, Kourosh: Amazon.com.au: Kindle Store

The Hidden Epidemic: Restoring Oral Health, One Smile at a ...
Best-Selling Author, Dr. Kourosh Maddahi, gives a thorough and easily understood education on today's hidden epidemics of the mouth, and how they could be affecting your whole body health. These various conditions are ever increasing due to a lack of knowledge, poor oral hygiene, and increased daily-use medication by the popularity at large. Dr.

The Hidden Epidemic: Restoring Oral Health, One Smile at a ...
cosmetic dentist in beverly hills and author of the hidden epidemic restoring oral health one the hidden epidemic dr maddahi gives a thorough and easily understood education on todays hidden epidemics of the mouth the hidden epidemic restoring oral health

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his latest book the hidden epidemic restoring oral health one smile at a time his advancements and insights on the decline of oral health due to daily habits and routines medical conditions and medication use and what to do to the sugar level also makes all types of bacteria grow says koroush

The Hidden Epidemic Restoring Oral Health One Smile At A ...

hidden epidemic restoring oral health one smile at a time a book by dr kourosh maddahi has become a 1 international best seller on amazon and appeared in the categories of dentistry personal health medical books dental hygiene and oral healthamazon has also designated the book as a hot new release

The Hidden Epidemic Restoring Oral Health One Smile At A ...

Find helpful customer reviews and review ratings for The Hidden Epidemic: Restoring Oral Health, One Smile at a Time at Amazon.com. Read honest and unbiased product reviews from our users.

Best-Selling Author, Dr. Kourosh Maddahi, gives a thorough and easily understood education on today's hidden epidemics of the mouth, and how they could be affecting your whole body health. These various conditions are ever increasing due to a lack of knowledge, poor oral hygiene, and increased daily-use medication by the popularity at large. Dr. Maddahi discusses key topics to help the public boost their oral health, and alleviate the need for

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thousands of dollars in unnecessary dental work.

The United States has the dubious distinction of leading the industrialized world in overall rates of sexually transmitted diseases (STDs), with 12 million new cases annually. About 3 million teenagers contract an STD each year, and many will have long-term health problems as a result. Women and adolescents are particularly vulnerable to these diseases and their health consequences. In addition, STDs increase the risk of HIV transmission. The Hidden Epidemic examines the scope of sexually transmitted infections in the United States and provides a critical assessment of the nation's response to this public health crisis. The book identifies the components of an effective national STD prevention and control strategy and provides direction for an appropriate response to the epidemic. Recommendations for improving public awareness and education, reaching women and adolescents, integrating public health programs, training health care professionals, modifying messages from the mass media, and supporting future research are included. The book documents the epidemiological dimensions and the economic and social costs of STDs, describing them as "a secret epidemic" with tremendous consequences. The committee frankly discusses the confusing and often hypocritical nature of how Americans deal with issues regarding sexuality--the conflicting messages conveyed in the mass media, the reluctance to promote condom use, the controversy over sex education for teenagers, and the issue of personal blame. The Hidden Epidemic identifies key elements of effective, culturally appropriate programs to promote healthy behavior by adolescents and adults. It examines the problem of fragmentation in STD services and provides examples of communities that have formed partnerships between stakeholders to develop integrated approaches. The committee's recommendations provide a practical foundation on which to build an integrated national program to help young people and adults develop habits of healthy sexuality. The Hidden Epidemic was written for both health

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care professionals and people without a medical background and will be indispensable to anyone concerned about preventing and controlling STDs.

Hidden Epidemic Silent Oral Infections Cause Most Heart Attacks and Breast Cancers Author: Thomas E. Levy MD, JD Infected teeth, infected gums, infected tonsils, and even infected sinuses always cause enough discomfort to drive us to a physician or dentist, but none of these are life-threatening... right? Wrong! In fact, dead wrong! They often kill, and they typically do it in a silent fashion. The overwhelming evidence in Hidden Epidemic proves that these oral infections are responsible for most heart attacks and breast cancers, as well as a majority of other chronic degenerative diseases. And even more alarming is the fact that when these oral infections are asymptomatic ("silent"), which is usually the case, they are frequently even more deadly than when they hurt! New diagnostic tools, such as 3D Cone Beam Imaging, a relatively new diagnostic X-ray tool, reveals many of these pools of infection to a degree never before possible with regular X-ray examinations. Studies with this technology indicate that the prevalence of these oral pathologies is very common throughout the world. The good news is that there are effective treatments for these infections that are very inexpensive -- especially when compared to the costs of treating the degenerative diseases they seed and feed. Hidden Epidemic is an invaluable resource for lay people, physicians, and dentists who want a clear path away from the pain, suffering, and death associated with silent oral infections.

There's a silent epidemic in western civilization, and it is right under our noses. Our jaws are getting smaller and our teeth crooked and crowded, creating not only aesthetic challenges but also difficulties with breathing. Modern orthodontics has persuaded us that braces

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and oral devices can correct these problems. While teeth can certainly be straightened, what about the underlying causes of this rapid shift in oral evolution and the health risks posed by obstructed airways? Sandra Kahn and Paul R. Ehrlich, a pioneering orthodontist and a world-renowned evolutionist, respectively, present the biological, dietary, and cultural changes that have driven us toward this major health challenge. They propose simple adjustments that can alleviate this developing crisis, as well as a major alternative to orthodontics that promises more significant long-term relief. Jaws will change your life. Every parent should read this book.

Dr Kourosch Maddahi, DDS has been a pioneer in Cosmetic Dentistry for close to 3 decades, and now, with his new guide to the all-new sub-field of Anti-Aging Dentistry, he's continued the trend. Dr Maddahi reveals in his first book ever; *Anti-Aging Dentistry, Restoring Youth, One Smile at a Time*, some of the great mysteries associated with aging in the lower 1/3 of the face, not just inside the mouth, but in the lips, cheeks, and jaw. He walks the reader through a step-by-step analysis of these largely misunderstood abnormalities that have been previously regarded as unfixable by medical or cosmetic procedures, and explains how it is expertly placed porcelain veneers and crowns that can rectify them, not injectables and facelifts. These revolutionary procedures have caught fire in the press and medical industries alike, and are now laid out for anyone to understand and gage the value of them, by the leader in the field. This clear, concise manual is just what the doctor ordered in the road to understanding what it is that changes our faces as we age, and how we can prevent or reverse what we've been told is inevitable; looking older.

This book, authored and edited by leading international scientists, provides a thorough review, analysis and recommendations of what the behavioural and social science are contributing to the practice

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both in the context of clinical and community settings.

Improve Your Health by Fixing Your Mouth-Gut Microbiome Connection It's a popular theory that good health starts in your gut. But think about it: your mouth is the gateway to your gut. The good and bad bacteria in your mouth are directly linked to the bacteria in your digestive system. The oral microbiome can also affect illnesses and diseases like rheumatoid arthritis, diabetes, certain cancers, and more. That's why maintaining a balanced oral microbiome is one of the most important things you can do to set a solid foundation for your overall health. *Heal Your Oral Microbiome* is the first book out there to focus exclusively on the oral microbiome. In these pages, you'll learn how your mouth paves the way for full-body health, as well as how to identify common habits and practices that could be negatively impacting your unique microbiome. You'll also discover important steps you can take to heal and balance your mouth's microbes to boost your immune system, fight a variety of illnesses and create a solid foundation for your overall well-being.

READ "TOXIC TEETH" TO LEARN SECRETS ABOUT TOXIC TEETH unknown to most people, including most dentists. Sneaky and often silent, many dental issues may go undiagnosed for years, if ever. Mercury and other toxic heavy metals used in fillings, crowns, bridges, partials, dentures, and implants continually seep into every cell in our bodies creating heavy metal poisoning that triggers disease. Whether or not we know it, over half of us harbor gum infections. If we have ever had teeth extracted, it is quite likely that cesspools of infection (cavitations) bubble deep within our jawbones. Root canal teeth seed nasty infections, causing untold suffering. Dental infections spread into our brains, hearts, and other organs, leading to many kinds of diseases, such as heart disease, cancer, autoimmune diseases (allergies, asthma, thyroid problems), and facial pain. Prevent problems with your teeth and gums before they ever happen and reverse problems that you may already be

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experiencing.

The Airway Centric(R) Model prevents Airway-Centered Disorders, Sleep-Disordered Breathing to maintain mental and physical health. Learn how to recognize and correct Airway-Centered Disorders, Sleep-Disordered Breathing. Gasp is about our airway, breathing and sleep. Problems can start at birth. Many premature babies are mouth breathers. A poorly structured and functioning airway leads to mouth breathing, snoring and sleep apnea; it can interfere with restorative sleep and ultimately damage the part of the brain called the prefrontal cortex, which controls executive function skills, attentiveness, anxiety and depression. Learn how to restore an ideal airway with early intervention, and where to go for help. Learn how once the airway is established with breastfeeding, allergy treatment, and other methods, neurocognitive and neurobehavioral problems are greatly improved-often without any medication. Anxiety and depression are alleviated, and the behavior and performance of children are remarkably transformed. Today there is a health movement toward "Wellness." Wellness is about diet and nutrition, exercise, and mental attitude. The new paradigm is called "Functional Medicine." It addresses the causes of chronic disease with an individualized approach and emphasizes early intervention. It restores the balance amongst functional systems and the networks that connect them. The missing link is airway, breathing, and sleep. If we don't breathe well when we sleep, 1/3 of our life is affected. Gasp describes the impact of a narrowed airway from cradle to grave. Every day, we encounter fatigued patients with chronic headaches and neck pain. They have difficulty concentrating; they suffer with GI problems from acid reflux to irritable bowel syndrome. They range from thin women to men who have put on a few pounds. And you do not have to be obese to have an airway problem. Many of our younger patients with ADHD and airway issues have little body fat. Time after time we see that once the airway is opened during the day and

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maintained during sleep, the transformation is quick and dramatic.
Breathing is life.

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