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The Everything New Nurse Book addresses all this and more. Covering the nation's top ten types of nursing, this comprehensive handbook concentrates on the issues that new nurses face every day on the job—from dealing with patients to juggling multiple responsibilities.

~~The Everything New Nurse Book: Gain Confidence, Manage ...~~

The Everything New Nurse Book, 2nd Edition: Gain confidence, manage your schedule, and be ready for anything! (Everything Series) (Everything (School & Careers)) Paperback – 18 Nov 2011. by RN Kathy Quan (Author) 4.0 out of 5 stars 11 ratings. See all 5 formats and editions.

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The Everything New Nurse Book is the ultimate hand-holder for the new nurse as she steps through the hospital door that first day on the job. Covering everything new nurses didn't learn in the classroom, veteran nurse and author Kathy Quan is candid in her advice—from dealing with doctors and their Old Boy Network to balancing a hectic schedule and the emotional burden of this life-or-death job.

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As a new nurse you're entering one of the most challenging and rewarding fields. You will quickly learn how to navigate a complex medical landscape, care for sick and vulnerable patients, and manage stressful situations with skill and ease. This book will be your reassuring guide through all this and more. Veteran nurse Kathy Quan teaches you how to:

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As a new nurse, you're entering one of the most challenging and rewarding fields! Still, you may feel a little nervous about stepping into the brave new world of medical facilities. The Everything New Nurse Book addresses all your concerns and more. Covering the nation's top ten types of nursing, this comprehensive handbook concentrates on the issues that new nurses face every day on the job—from dealing with patients to juggling multiple responsibilities. Highlights include how to balance a hectic new schedule (for work AND sleep!); deal with the doctors' Old Boy Network; avoid illness yourself; continue your education while working at the same time; cope with the death of patients; and more. Written by Kathy Quan, a registered nurse with thirty years experience, The Everything New Nurse Book guides you through those first critical months on the job. If you want to know what to expect on your first day and beyond--this is the book for you!

As a new nurse you're entering one of the most challenging and rewarding fields. You will quickly learn how to navigate a complex medical landscape, care for sick and vulnerable patients, and manage stressful situations with skill and ease. This book will be your reassuring guide through all this and more. Veteran nurse Kathy Quan teaches you how to: Balance a hectic schedule, handle stress, and avoid burnout Deal with doctors and other medical professionals Continue education while working Use software, smartphones, and apps to help treat patients Packed with tips and strategies from nurses who have seen and done it all, this revised and updated guide gives you all the tools you need to get through those first critical months on the job--and beyond.

"Doctors heal, or try to, but as nurses we step into the breach, figure out what needs to be done for any given patient today, on this shift, and then, with love and exasperation, do it as best as we can."—from Critical Care "At my job, people die," writes Theresa Brown, capturing both the burden and the singular importance of her profession. Brown, a former English professor at Tufts University, chronicles here her first year as an R.N. in medical oncology. As she does so, Brown illuminates the unique role of nurses in health care, giving us a deeply moving portrait of the day-to-day work nurses do: caring for the person who is ill, not just the illness itself. Critical Care takes us with Brown as she struggles to tend to her patients' needs, both physical (the rigors of chemotherapy) and emotional (their late-night fears). Along the way, we see the work nurses do to fight for their patients' dignity, in spite of punishing treatments and an often uncaring hospital bureaucracy. We also see how a twelve-hour day of caring for the seriously ill gives Brown herself a deeper appreciation of what it means to be alive. Ultimately, this is a book about embracing life, whether in times of sickness or health. As she takes us into the place where patients and nurses meet, Brown shows us the power of human connection in the face of mortality. She does so with a keen sense of humor and remarkable powers of observation, making Critical Care a powerful contribution to the literature of medicine.

With long hours, huge responsibilities, and average pay, nursing is often as challenging as it is rewarding. By teaching new nurses what to expect, how to get what they want, and how to succeed in today's medical environment, this book is the one-dose treatment to prevent burnout. Written in an easy-to-read, direct, and honest way, this helpful handbook will teach new nurses what they didn't learn in nursing school. Veteran R.N. Kathy Quan offers readers information on how to: balance a hectic new schedule (for work, sleep, and life) deal with doctors avoid illness themselves continue education while working cope with death of patients (the first time, and after) and more With this book, nurses get real-life advice on how to cope, perform, and excel in their field—one shift at a time!

Learn the basics of real life nursing that is not taught in school. Get valuable tips on how to survive the first 2 years of nursing using safe, efficient, and empowering methods. Short, simple, and powerful! This is book 1 out of the New Age Nurse series.

This collection of true narratives reflects the dynamism and diversity of nurses, who provide the first vital line of patient care. Here, nurses remember their first " sticks, " first births, and first deaths, and reflect on what gets them though long, demanding shifts, and keeps them in the profession. The stories reveal many voices from nurses at different stages of their careers: One nurse-in-training longs to be trusted with more " important " procedures, while another questions her ability to care for nursing home residents. An efficient young emergency room nurse finds his life and career irrevocably changed by a car accident. A nurse practitioner wonders whether she has violated professional boundaries in her care for a homeless man with AIDS, and a home care case manager is the sole attendee at a funeral for one of her patients. What connects these stories is the passion and strength of the writers, who struggle against burnout and bureaucracy to serve their patients with skill, empathy, and strength.

A book of affirmations with narratives, stories and journal prompts to help the new nurse get through the common challenges they experience in their first few years as a nurse. Each gentle affirmation will shake the reader's limiting beliefs around their ability as a new nurse while helping them untether from the fear, anxiety and feelings of overwhelm they commonly experience.

Do no harm. Take no sh't.

A succinct yet comprehensive reference tool for cardiac surgery nurses, this new addition to the Fast Facts series provides quick access to frequently used information regarding the care of cardiac surgery patients. It encompasses the timeline from pre-op to recovery period, with a special focus on the prevention and management of commonly seen post-op complications. The book addresses surgical treatments for coronary artery disease, valve disease, descending aortic aneurysms, and congenital heart disease in adults, and covers patient presentation and diagnostic tests, immediate and extended post-operative period care, cardiac rehabilitation programs, and patient education. Intended for daily use, this reference not only contains important guidelines for all nurses caring for cardiac surgery patients, but reinforces highly specialized skills and supports the development of new skills. It will be highly valuable to new graduates and nurses who are considering a switch to cardiac care, as well as seasoned practitioners. Key Features: Provides a handy pocket reference for new and experienced cardiac care nurses Clearly organized for easy reference to equipment, procedures, and pre- and post-op specialty care Includes 1 Fast Facts in a Nutshell 1 feature to help guide the new nurse Pays special attention to the differences between CHD and manifestations of other heart disease states Pinpoints sensitive nursing indicators and ways to improve patient care

An Indispensable Guide for First-Time Nurses on Working with Doctors, the Joys of the Night Shift, and Facing Mistakes! You've completed the necessary education, passed the exams, and you're finally ready for your first year as a professional nurse. But there is still trepidation, accompanied by many unanswered questions. A true first year of nursing 101 guide, this book covers topics like managing feedback, working with doctors, working night shift, and recovering from a mistake. Writer and nursing professional Beth Hawkes draws from her own experiences to offer expert tips for first-timers venturing into this important discipline. Writing in a manner that's digestible and including illustrative anecdotes along the way, Hawkes will put readers at ease with her clear advice and directives—many of which can be applied in professional settings outside of nursing. She offers rookie nurses sample questions to help guide them on how they should be communicating with preceptors and colleagues, from morning to night. The perfect gift for nurses just entering the field!

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