

## Psychiatric Technician Study Guide

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Mental health technicians, also known as psychiatric aides or mental health assistants, work primarily in a supporting role to give care to mentally ill or emotionally disturbed patients. Mental health technicians work in hospitals or institutions under the direction of supervising mental health care professionals, such as psychiatrists or medical doctors. Typical duties of a mental health technician include coordinating mental health care services, assisting in patient assessment, monitoring and documenting care, escorting patients and identifying the personal needs of patients. Required Education High school diploma or relevant training/experience; a relevant associate's degree will improve job opportunities Job Duties Include coordinating mental health care services, identifying the personal needs of patients, monitoring and documenting care, escorting patients and assisting in patient assessment Median Salary (2015)\* \$31,140 (all psychiatric technicians) Job Outlook (2014-2024)\* 5% growth (all psychiatric technicians)

The path to becoming a Psychiatric Technician is not easy. It requires completion of courses, clinical exposure, and passing the licensure examination. The completion of courses must be from an approved or accredited Psychiatric Technician program. Courses include 396 hours of education in nursing science, 54 hours in pharmacology, 378 in mental disorders, 378 in developmental disabilities, and 324 hours for other courses such as anatomy, physiology, nutrition, leadership, and management. The above requirements encompass classroom theory and supervised clinical exposure. This book contains 1,096 practice questions with rationales broadly and explicitly covering nursing science, gerontological nursing, basic anatomy and physiology, pharmacology, basic nutrition and dietetics, medical terminologies, mental health including theories of personality, defense mechanisms, psychosocial tasks, developmental disabilities, anxiety disorders, affective disorders, organic brain syndromes, mood disorders, personality disorders, eating disorders, substance abuse disorders, schizophrenia, sexual issues, psychopharmacology, psychotherapy, therapeutic techniques of communication, and other important topics. It is not intended to reflect the exact questions of the Board examination. The author's intention is to provide effective review material for the reader. Various levels of difficulty are reflected in this book. There are easy and difficult questions. Sample Questions: 1. Self-control is a goal for a male pediatric client with autism. The client frequently scratches his neck causing bleeding and infection. Which of the following is appropriate for this type of client? (a. the client is encouraged to look for a staff before rubbing his neck b. the client will wear padded mittens c. restraints will be used when the client scratches d. the client will be reprimanded when he scratches) 2. Feeding tubes sometimes get clogged. Which of the following causes the clogging? (a. thin watery formula b. warm temperature c. powdered medication d. none of the above) 3. The Psychiatric Technician charted that a 78-year-old client on her shift was doing lip smacking and picking at clothes before briefly losing consciousness. The client also became amnestic about what had happened after consciousness was regained. The Psychiatric Technician knows that they are characteristics of which type of seizure? (a. complex partial seizure b. simple partial seizure c. atonic seizure d. akinetic seizure) 4. A client with severe mental disorder had undergone ECT (electroconvulsive therapy). The Psychiatric Technician is monitoring for adverse reactions from the procedure. Which of the following may occur? (Select all that apply) (a. intestinal obstruction b. Klinefelter's syndrome c. hypotension d. arrhythmia e. confusion f. paresthesia) 5. Absorption of food is accomplished by the digestive system. Which of the following parts of this system is responsible for mechanical digestion? (a. gallbladder b. intestine c. mouth d. pancreas) 6. A male client with severe depression lost weight, speaks little, spends time immobile, and pays little attention to appearance. A day later, the client came to lunch with combed hair and dressed properly. Which of the following is the best response from the Psychiatric Technician? (a. "You must be feeling better. You look much better than yesterday" b. "This is the very first time I've seen you look good" c. "What happened to you? Your hair is suddenly combed" d. "I see that your hair is combed and dressed well") 7. Benzodiazepine was administered to a client with anxiety disorder. Therapeutic effects are being monitored. Which of the following actions may be exerted by this class of drug? (Select all that apply) (a. anticonvulsant b. temporary paralysis c. skeletal muscle relaxation d. daytime sedation e. cessation of salivation f. sleep inducement) More questions inside!! and the answers.

The Psychiatric Technician Passbook(R) prepares you for your test by allowing you to take practice exams in the subjects you need to study. It provides hundreds of questions and answers in the areas that will likely be covered on your upcoming exam, including but not limited to: analyzing situations and making decisions; communication skills; nursing care methods and techniques; health-care principles and practices; and more.

Appropriate for courses in Nurse Assisting. This easy-to-follow test preparation book offers a complete overview of the responsibilities of the Certified Nurse Assistant with in-depth practice to help students prepare for their examination and achieve higher scores.

Rev. ed. of: Foundations of psychiatric mental health nursing / [edited by] Elizabeth M. Varcarolis, Margaret Jordan Halter. 6th ed. c2010.

Updated to reflect all of the latest research in psychology and neurology, Psychiatry Test Preparation and Review Manual, 2nd Edition precisely mirrors the written ABPN board exam so you can expertly prepare and achieve your highest score. Enhance your preparation with recommended readings from key textbooks in the field. Understand why your answers are correct or incorrect through detailed explanations of each possible response.

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Mental healthcare is a fast growing profession in the United States of America. One of the indispensable member of the team is the Psychiatric Technician. A person who cares for people with mental disorders.To be a Psychiatric Technician or PTC, requires at least one year training in both classroom and clinical supervision in a medical facility and passing the licensure examination in some states of the USA. The training must be state approved and is offered by vocational schools and community colleges.A PTC is hired to care for people who have mental disorder under the direction and supervision of registered nurses and physicians. The duties involve implementation of the treatment plans that were developed by psychiatrists and other mental healthcare professionals. Such duties include reporting changes in physical and mental status, issues related to medication and treatment regimen, record keeping or documentation, and counseling. In this particular volume, the concepts related to medical surgical nursing, anatomy and physiology of the different body systems, definition of the different diseases and body conditions, assessment and data collection, and diagnosis and treatment are tackled. Each chapter of the book contains quizzes to enable the reader to evaluate their knowledge and comprehension of the various subject areas. An Answer Key is located at the end of the book.

It's an essential workbook and exam review all in one! Corresponding to the chapters in Sorrentino and Remmert's comprehensive text, the Workbook and Competency Evaluation Review for Mosby's Textbook for Nursing Assistants, 10th Edition reinforces your understanding with numerous exercises and review questions – including matching, multiple-choice, labeling, crosswords, and mini case studies. Checklists for each of the 100+ procedures in the text help you study key skills. The Competency Evaluation Review section prepares you for the CNA exam with a review of content, a skills evaluation review, and two practice exams. Competency Evaluation Review provides content review, quizzes, and sample exams to help you prepare for certification. A wide variety of exercises, including matching, multiple-choice, labeling, crosswords, and mini case studies, reinforce learning. Procedure checklists prepare you for the skills demonstration portion of the certification exam. UPDATED! New chapter organization breaks material into manageable portions, improving your ability to retain important information.

Since the publication of the Institute of Medicine (IOM) report Clinical Practice Guidelines We Can Trust in 2011, there has been an increasing emphasis on assuring that clinical practice guidelines are trustworthy, developed in a transparent fashion, and based on a systematic review of the available research evidence. To align with the IOM recommendations and to meet the new requirements for inclusion of a guideline in the National Guidelines Clearinghouse of the Agency for Healthcare Research and Quality (AHRQ), American Psychiatric Association (APA) has adopted a new process for practice guideline development. Under this new process APA's practice guidelines also seek to provide better clinical utility and usability. Rather than a broad overview of treatment for a disorder, new practice guidelines focus on a set of discrete clinical questions of relevance to an overarching subject area. A systematic review of evidence is conducted to address these clinical questions and involves a detailed assessment of individual studies. The quality of the overall body of evidence is also rated and is summarized in the practice guideline. With the new process, recommendations are determined by weighing potential benefits and harms of an intervention in a specific clinical context. Clear, concise, and actionable recommendation statements help clinicians to incorporate recommendations into clinical practice, with the goal of improving quality of care. The new practice guideline format is also designed to be more user friendly by dividing information into modules on specific clinical questions. Each module has a consistent organization, which will assist users in finding clinically useful and relevant information quickly and easily. This new edition of the practice guidelines on psychiatric evaluation for adults is the first set of the APA's guidelines developed under the new guideline development process. These guidelines address the following nine topics, in the context of an initial psychiatric evaluation: review of psychiatric symptoms, trauma history, and treatment history; substance use assessment; assessment of suicide risk; assessment for risk of aggressive behaviors; assessment of cultural factors; assessment of medical health; quantitative assessment; involvement of the patient in treatment decision making; and documentation of the psychiatric evaluation. Each guideline recommends or suggests topics to include during an initial psychiatric evaluation. Findings from an expert opinion survey have also been taken into consideration in making recommendations or suggestions. In addition to reviewing the available evidence on psychiatry evaluation, each guideline also provides guidance to clinicians on implementing these recommendations to enhance patient care.