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someone with dementia

to a nursing home

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this book reviews
current evidence and
explores how

psychological constructs
such as hope, humour,
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wisdom, resilience and
personal growth may be
linked with wellbeing
and quality of life in
dementia.

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~~Clarke...~~

Chris Clarke & Emma
Wolverson (eds),

Positive psychology
approaches to dementia,

Jessica Kingsley

Publishers: London,

UK, 2016; 288 pp.

ISBN

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This is a ground-

breaking book. It is also

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An important book as it challenges (past) negative discourses in dementia and sets out a new direction for dementia studies and everyday clinical practice.

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wisdom, resilience and personal growth may be linked with wellbeing and quality of life in dementia.

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The positive psychology framework uses the study of strengths, virtues, and positive emotions that enable

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people to thrive

(Seligman et al., 2005)

to achieve a greater

understanding of well-

being ...

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living well with dementia? As accounts of positive experiences in dementia are increasingly emerging, this book reviews current evidence and explores how psychological constructs such as hope, humour, creativity, spirituality, wisdom, resilience and personal growth may be linked with wellbeing

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Approaches to

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Chris Clarke and Emma

Wolverson. Paperback

2016, 288pp ISBN:

978-1-84905-610-6

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£24.99. This is a surprising book in so far as it, at first glance, appears to be a technical collection of essays written by experts in the field of dementia and psychology.

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~~Dementia | James~~

~~Woodward~~

A positive approach sets

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you up for dementia care success. Something as simple as how you approach (walk up to or start interacting with) someone with Alzheimer's or dementia can set the tone for the whole interaction. Because the person with dementia's brain has been damaged, they're no longer processing information

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Psychology
in the same way we do.

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Dementia: Clarke,

Chris, Wolverson,

Emma, Moniz-Cook,

Esme, Woods, Bob,

Killick, John, Nolan,

Mike, Ryan, Tony,

Quinn, Catherine ...

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Wolverson, Emma,

editor ; Clarke, Chris

(Psychologist), editor

"Reviews current

evidence and explores

how psychological

constructs such as hope,

humor, creativity,

spirituality, wisdom,

resilience and personal

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growth may be linked with wellbeing and quality of life in dementia"--Publisher's description

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Woods, Bob, Killick,
John, Stirling, Elspeth,
Ryan, Tony, Bryden ...
Dementia

How can positive
psychology approaches
help us to understand
the process of
adjustment to, and
living well with
dementia? As accounts
of positive experiences

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in dementia are increasingly emerging, this book reviews current evidence and explores how psychological constructs such as hope, humour, creativity, spirituality, wisdom, resilience and personal growth may be linked with wellbeing and quality of life in dementia. Expert contributors from a

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range of academic and clinical backgrounds examine the application of positive

psychological concepts to dementia and dementia care practice.

The lived experiences of people with dementia are central to the book, and their voices bring life to the ideas explored, highlighting how positive

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experiences in dementia
and dementia care are
possible.

Approaches To
Dementia

A reader-friendly
overview of
geropsychology based
on a wealth of evidence-
based research Written
by a renowned scholar
and practitioner of
gerontology and aging,
this is a concise, reader-
friendly overview of key

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concepts of geropsychology, the psychology of aging. Grounded in positive psychology, the text dispels common myths about the aging population with a wealth of evidence-based research. It encompasses a foundational knowledge base regarding issues unique to older adults,

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Psychology that is essential for mental health providers, who already see an unprecedented growth in the number of older adults in their practices--a trend that is expected to continue for years to come. The text discusses theoretical models underlying geropsychology, and examines common

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difficulties that affect older adults along with the most effective treatment approaches for this population. With a focus on the strengths and functions of older adults, the text examines the unique psychological problems of later life and conflicts caused by retirement, living longer, financial stressors, and chronic

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illness. It discusses the complications of changing family systems, coping with cognitive impairments, how psychologists understand and treat Alzheimer's and dementia patients, older adult sexuality including the unique sexual problems confronting LGBT individuals, elder abuse, ageism,

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substance abuse, and issues surrounding death and dying. A chapter on future directions for psychological research and practice highlights the many opportunities available in this field.

The text will be of value for upper-level undergraduate courses on the psychology of aging, as a supplement to developmental and

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clinical psychology

courses, and as a
resource for

interdisciplinary studies

with a focus on

gerontology. . Key

Features: Provides a

concise overview of one

of the largest growing

segments of our

population Written by a

prominent expert in

gerontology and

psychology Offers a

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wealth of evidence-
based research that
informs clinical issues
Grounded in a positive
psychology approach
Integrates theory with
human rights and social
justice

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This book examines the
growing importance of
positive psychology and

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its connection to later life. Applies Social Role Valorisation (SVR) principles to care of older people, particularly those with seriously disabling conditions such as dementia, stroke, and multiple health problems Provides a comprehensive body of positive principles and practical approaches for

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those who care for older people Examines the impact of the devaluation of older people's lives in the context of societies dependent on technology

Demonstrates how more age-inclusive societies and open awareness of later-life issues are fundamental to strong communities, as well as

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to personal happiness
and resilience

Approaches To
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....contains a wealth of excellent advice by one of the most talented and productive clinicians I have known. The layperson and professional will find much information in the book that will enrich and enhance life. C.

Eugene Walker, Ph.D.,

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Professor Emeritus,
University of Oklahoma
Medical School In this
practical book based on
years of the author's
clinical practice, I found
valuable information
that applies to a wide
range of audiences such
as myself, my family,
associates, and friends.

Pat Kissel, Ph.D., RN,
Retired Dean, School of
Nursing and Grant

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Writer, Office of
Academic Affairs,
Northwest Nazarene
University This book
offers readers an
opportunity to better
care for themselves as
they make choices
leading to good health
and longevity. Brian
DeMars, M.A.,
Assistant Professor,
Concepts of Wellness,
Department of Physical

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Psychology, Fresno

Pacific University A

great book – a must read

book from a most

respected psychologist.

Dr. Hedberg approaches

one of this generation's

biggest problems with

real life solutions.

Margie Munn,

Alzheimer's Care

Director, Avalon Health

Care, Inc.

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Psychodynamic

Approaches to the
Experience of

Dementia: Perspectives

from Observation,

Theory and Practice

demonstrates the impact
of healthcare

approaches that take

into account not only

the practical needs but

also the emotional

experience of the

patient, their partners,

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families and friends, lay carers and professional staff. Currently there is no cure for dementia, but the psychosocial and therapeutic approaches described in this volume have appeared to help people, both patients and carers, feel more contained and less lonely and isolated. Psychoanalytic theory provides a disciplined

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way of thinking about the internal world of an individual and their relationships. Each author provides their own commentary on the personal and interpersonal effects of dementia, endeavouring to understand behaviours and emotions which may otherwise seem incomprehensible. The

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subject is approached from a psychodynamic perspective, considering the unconscious, previous and current experiences and relationships, including those between patients and staff.

Psychodynamic Approaches to the Experience of Dementia illustrates the practical and theoretical thinking

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of clinicians from a wide range of disciplines who are engaged in the care of people in late life with a diagnosis of dementia. It will be essential reading for mental health and health professionals in practice and training in the field of dementia.

Now in its third edition,
Counseling in

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Communication

Disorders: A Wellness

Perspective continues to

be an essential and

admired text for

counseling related

courses in graduate

speech-language

pathology and

audiology programs.

The counseling skills

introduced in this book

are based on the model

of positive psychology,

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a rapidly growing
branch of psychology
that focuses on mental
health and well-being
and how to achieve and
maintain these states.
By incorporating the
key elements of positive
psychology into clinical
practice, clinicians can
more effectively help
patients live
productively and
successfully with their

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Psychology

communication disorders. The authors offer examples, exercises, and specific techniques for working with individuals and their families across the spectrum of communication disorders, from infancy through end-of-life needs. In addition, they also feature one-on-one activities and model

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workshop examples for use in teaching counseling strategies to groups or classes. New to the Third Edition: Expanded information on issues concerning cultural diversity, especially in regard to children and their families Expanded strategies for recognizing and growing strengths in

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family dynamics including early intervention. Extended considerations for counseling individuals and families when deterioration of abilities is expected. More in-depth information on the unique problems of persons with mild cognitive impairment, primary progressive aphasia, and chronic

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traumatic

encephalopathy. Updates
on findings and issues in

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Psychology Information

introducing clinicians

and students to

Posttraumatic Growth

and its relevance to the

field Updated counseling

literature throughout

With its updates and

additions, Counseling in

Communication

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Disorders: A Wellness
Perspective, Third
Edition, is destined to
remain a popular
resource and teaching
tool for developing
speech-language
pathologists and
audiologists.

Textbook of Dementia
Care: An Integrated
Approach gives an
overview of dementia

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care at a level appropriate to health and social care students, as well as providing an update to experienced practitioners. Authors come from a variety of backgrounds including nursing, psychiatry, medicine, psychology and allied health professions. There is a good mix of content from experienced new

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authors, academics and practitioners. The book offers: a comprehensive list of contributors from different disciplines input from people living with dementia and their family carers relevant research to inform practice case examples to illustrate and inform the text. While directed primarily at a nursing and social care

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readership, the book also provides a readable general text appropriate for all involved in dementia care. It is written by expert practitioners in the field, many of whom are leaders in practice-based research. It incorporates the expertise of representatives of Alzheimer Scotland, but also includes accounts

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of people living with dementia, families, and carers, giving the reader a unique insight into the disease.

Understanding how creative interventions can help develop social connectivity and resilience for older people is vital in developing a holistic cross-sector approach

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towards ageing well.

Academics with a wide range of expertise critically reflect on how the built environment, community living, cultural participation, lifelong learning, and artist-led interventions encourage older people to thrive and overcome both challenging life events and the everyday changes associated with

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Ageing. The book uses a range of approaches, including participatory research methods, to bring the voices of older people themselves to the foreground. It looks at how taking part in creative interventions develops different types of social relationships and fosters resilience.

Alzheimer's is swiftly

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on the rise: it is estimated that every 67 seconds, someone develops the disease.

For many, the words "Alzheimer's disease" or "dementia" immediately denote severe mental loss and, perhaps, madness. Indeed, the vast majority of media coverage of Alzheimer's disease (AD) and other types of dementia

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focuses primarily on the losses experienced by people diagnosed and the terrible burden felt by care partners yearning for a "magic bullet" drug cure.

Providing an accessible, question-and-answer-format primer on what touches so many lives, and yet so few of us understand, Alzheimer's Disease and Dementia:

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What Everyone Needs to Know® contributes what is urgently missing from public knowledge: unsparing investigation of their causes and manifestations, and focus on the strengths possessed by people diagnosed. Steven R. Sabat mines a large body of research to convey the genetic and biological aspects of

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Alzheimer's disease, its clinical history, and, most significantly, to reveal the subjective experience of those with Alzheimer's or dementia. By clarifying the terms surrounding dementia and Alzheimer's, which are two distinct conditions, Sabat corrects dangerous misconceptions that

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plague our understanding of memory dysfunction and many other significant abilities that people with AD and dementia possess even in the moderate to severe stages. People diagnosed with AD retain awareness, thinking ability, and sense of self; crucially, Sabat demonstrates that

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there are ways to facilitate communication even when the person with AD has great difficulty finding the words he or she wants to use. From years spent exploring and observing the points of view and experiences of people diagnosed, Sabat strives to inform as well as to remind readers of the respect

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and empathy owed to those diagnosed and living with dementia.

Alzheimer's Disease and Dementia conveys this type of information and more, which, when applied by family and professional caregivers, will help improve the quality of life of those diagnosed as well as of those who provide support and care.

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