

Menopause A Biocultural Perspective Studies In Medical Anthropology

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~~CHAPTER TWO The Biological Basis of Menopause (pp. 32-48) One factor that inhibits a biocultural approach to any topic is the scientific literacy required to make sense of the relevant underlying biology.~~

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Menopause is a biological reality for all women in their forties and fifties. Yet the way we think about the cessation of menstruation is influenced by a variety of factors. Cultural and technological influences combine with biology to transform this universal phenomenon into an experience that varies considerably between cultures and individuals. In this concise book, Lynnette Leidy Sievert draws on her own case studies from Puebla, Mexico, and western Massachusetts, as well as on comparative data from other studies in places such as Slovenia, Paraguay, and Hawaii, to explore the different ways that women experience menopause around the world. Sievert suggests that attempts by medical professionals to define the "normal" occurrence of menopause, including its typical onset and symptoms, may not be realistic when considering how lifestyle, nutrition, and workload can contribute to diverging realities. She explores how women feel about hysterectomies, chemotherapy, and other medical procedures and treatments that stop menstruation prematurely. She also considers recent advances in technology, including post-menopausal birth, which have turned what was previously an unavoidable end of fertility into something that can be postponed. A unique comparative look at women's experiences, this text brings new perspectives to the mainstream literature on the subject and invites readers to consider compelling questions about menopause, its meanings, and its future.

Much research on the biology of senescence is on cell-lines, nematodes or fruit flies, that are only of peripheral relevance to the problems encountered in humans. Human Senescence is a text which reviews the evolutionary biology of human senescence and life span, and the evolutionarily recent development of late-life survival. It examines how human patterns of and variability in growth and development have altered later life survival probabilities and competencies, and how survival during mid-life contributes to senescent dysfunction and alteration. Discussing possibilities of further extending human life span, it gives a better understanding of how humans came to senesce as slowly as we do over our lifespan. Bringing together gerontological, anthropological and biocultural research, it explores human variation in chronic disease, senescence and life span as outcomes of early life adaptation and the success of humankind's sociocultural evolution. It is a benchmark publication for all interested in how and why we age.

With the growing incidence of fragility fractures in Europe and North America over the last three decades, bone loss and osteoporosis have become active areas of research in skeletal biology. Bone loss is associated with aging in both sexes and is accelerated in women with the onset of menopause. However, bone loss is related to a suite of complex and often synergistically related factors including genetics, pathology, nutritional usage, and lifestyle. It is not surprising that its incidence and severity vary among populations. There has been increasing interest to investigate bone loss and osteoporosis from an anthropological perspective that utilizes a biocultural approach. Biocultural approaches recognize the inter-relationship between biological, cultural, and environmental variables. Anthropological studies also highlight the value of evolutionary and population approaches to the study of bone loss. These approaches are particularly suited to elucidate the multifactorial etiology of bone loss. The idea for this volume came out of a symposium organized by the editors at the 70th annual meeting of The American Association of Physical Anthropologists in Kansas City, Missouri. Many of the symposium participants, along with several additional leading scientists involved in bone and osteoporosis research, are brought together in this volume. Each chapter focuses on a different aspect of bone loss and fragility with a fresh and stimulating perspective.

This volume brings together two areas of health that are among the foci of current development efforts, as articulated by the Millennium Development Goals (MDGs), namely sexual and reproductive health (MDG 5: improve maternal health, target 2: achieve, by 2015, universal access to reproductive health); and Gender (MDG 3: promote gender equality and empower women). Few, if any, published books have dealt in a comprehensive way with public health aspects of these two strongly interrelated areas of health. Most published volumes devoted to sexual and reproductive health have a strong clinical focus, whereas books on gender tend to concentrate primarily on the socio-cultural and anthropological aspects of the subject. * Focuses on the relationship between sexual and reproductive behaviors and the resulting impact on populations and societies as a group * Provides a science-based approach to identifying appropriate response plans, adaptations, and mitigation steps for related behaviors *Explores the financial and societal impact of behavioral choices *Includes new preface specifically for this audience

International Encyclopedia of Public Health, Second Edition is an authoritative and comprehensive guide to the major issues, challenges, methods, and approaches of global public health. Taking a multidisciplinary approach, this new edition combines complementary scientific fields of inquiry, linking biomedical research with the social and life sciences to address the three major themes of public health research, disease, health processes, and disciplines. This book helps readers solve real-world problems in global and local health through a multidisciplinary and comprehensive approach. Covering all dimensions of the field, from the details of specific diseases, to the organization of social insurance agencies, the articles included cover the fundamental research areas of health promotion, economics, and epidemiology, as well as specific diseases, such as cancer, cardiovascular diseases, diabetes, and reproductive health. Additional articles on the history of public health, global issues, research priorities, and health and human rights make this work an indispensable resource for students, health researchers, and practitioners alike. Provides the most comprehensive, high-level, internationally focused reference work available on public health Presents an invaluable resource for both researchers familiar with the field and non-experts requiring easy-to-find, relevant, global information and a greater understanding of the wider issues Contains interdisciplinary coverage across all aspects of public health Incorporates biomedical and health social science issues and perspectives Includes an international focus with contributions from global domain experts, providing a complete picture of public health issues

Nutrition and Diet in Menopause is a single comprehensive source that will provide readers with an understanding of menopause. Holistic in its approach, this volume is divided into five sections covering psychological, endocrine and lifestyle factors, metabolism and physiology, bone and nutrition, cancer and nutrition, cardiovascular factors and dietary supplements in menopause. In-depth chapters review the potential long term consequences of menopause on the overall health of women, not only at the physical level including hot flashes (flashes) , alterations to the genitourinary system, skin changes, decreased cardiovascular functions, hypertension, headache, back pain, and constipation. Written by international leaders and trendsetters, Nutrition and Diet in Menopause is essential reading for endocrinologists, cardiologists, nutritionists and all health care professionals who are interested in women's health.

Menopause is a natural state of development in women, but it is also a period of vulnerability to the development of several disorders, such as vasomotor symptoms, hot flashes, vaginal dryness, osteoporosis, cognitive deterioration, depression, and anxiety. Factors as diverse as culture, diet, exercise, maternity, age, and genetics can influence the severity of symptoms that are experienced during menopause and can modify the response to diverse therapies. Studying menopause from a multidisciplinary perspective will help elucidate the different factors that affect health during this specific stage of a woman's life. This book presents several aspects of menopause, including its evolutionary origins, novel nonhormonal therapies, and the neurobiology of related disorders.

There is a growing knowledge base in understanding the differences and similarities between women and men, as well as the diversities among women and sexualities. Although genetic and biological characteristics define human beings conventionally as women and men, their experiences are contextualized in multiple dimensions in terms of gender, sexuality, class, age, ethnicity, and other social dimensions. Beyond the biological and genetic basis of gender differences, gender intersects with culture and other social locations which affect the socialization and development of women across their life span. This handbook provides a comprehensive and up-to-date resource to understand the intersectionality of gender differences, to dispel myths, and to examine gender-relevant as well as culturally relevant implications and appropriate interventions. Featuring a truly international mix of contributors, and incorporating cross-cultural research and comparative perspectives, this handbook will inform mainstream psychology of the international literature on the psychology of women and gender.

The Reader's Guide to Women's Studies is a searching and analytical description of the most prominent and influential works written in the now universal field of women's studies. Some 200 scholars have contributed to the project which adopts a multi-layered approach allowing for comprehensive treatment of its subject matter. Entries range from very broad themes such as "Health: General Works" to entries on specific individuals or more focused topics such as "Doctors."

A balanced and accessible introduction to the engagements that feminist scientists and science scholars undertake with a variety of biological sciences.

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